

## St. Nicholas Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America Diocese of Los Angeles and the West

**2300 West 3rd Street • Los Angeles, California 90057** (213) 382-6269 • www.stnicholasla.org • Email: cathedral@stnicholasla.org

V. Rev. Father Nabil L. Hanna, Dean (317) 919-0841 • FRNABILH@STNICHOLASLA.COM

**Rev. FATHER PAUL OLSON, ASSISTANT PASTOR** (714) 651-6151 • REV.PAUL.OLSON@GMAIL.COM **Rev. Father Andrew Andrews, Assistant Pastor** (925) 323-6787 • FRANDREWA@STNICHOLASLA.COM

> **Rev. Deacon Eliya Ammari, Attached** (818) 433-5523 • LOUIA@HOTMAIL.COM

#### TONE 1

#### APRIL 2, 2023

**EOTHINON 9** 

## FIFTH SUNDAY OF THE GREAT FAST

## **COMMEMORATION OF OUR VENERABLE MOTHER MARY OF EGYPT**

VENERABLE TITUS THE WONDERWORKER • VIRGIN-MARTYR THEODORA OF PALESTINE

خامس أحد من الصوم الكبير

تذكار أُمِّنا البارَّةِ مَرْيَمَ المِصْرِيَّة، والبارِ تِيطُس الصَانِعِ العَجائِب، والشَهِيدةِ ثِيودورا الفلَسْطِينية



**St. Mary of Egypt** left her parents when she was 12 years old; she renounced their love and went to Alexandria. She spent the next 17 years living a life of debauchery. Going to Jerusalem to try to corrupt the pilgrims on their way to venerate the Holy Cross, she was stopped from entering the church by an invisible force. She beheld the icon of

Mary, the Mother of God, above the door and suddenly recognized her sins. She spent the next 48 years repenting in the desert, beyond the Jordan. She achieved such holiness that she floated in the air when she prayed, she walked on water, she perceived others' thoughts and knew of distant events. She reposed in the year 522 AD.

**St. Theodora of Palestine** (also known as St. Theodosia) was from Tyre, in Lebanon. At the age of 18, she was tortured, urged to reject

Christianity, and, when she refused, was thrown into the sea at Caesarea of Palestine. She is one of those whom the historian Eusebius called "the shining lights of Palestine," martyred in 308, in the Great Persecution of the early fourth century.



# LITURGY VARIATIONS

### **3RD ANTIPHON: TROPARION OF THE RESURRECTION (TONE 1)**

Confession:

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O Giver of life: Glory to Thy Resurrection, O Christ; glory to Thy kingdom; glory to Thy providence, O Thou Who alone art the Lover of mankind. إِنَّ الحجَرَ لما حُتِمَ مِنَ اليَهود، وجسَدَكَ الطاهِرَ حُفِظَ مِنَ الجُنْدْ، قُمْتَ في اليَوْمِ الثالِثِ أَيُّها المحَلِّصُ، مانِحاً العالَمَ الحياة. لِذلِكَ قُوّاتُ السَّماوات، هتَقُوا إليكَ يا واهِبَ الحياة: المجْدُ لِقِيامَتِكَ أَيُّها المسيحُ، المجْدُ لِمُلْكِكَ، المجْدُ لِتَدْبيرِك، يا مُحبَّ البَشَرِ وَحْدَك.

## Schedule of Regular Weekly Services

Sundays: Matins, 9:15 AM Divine Liturgy, 10:30 AM

Saturdays: Great Vespers, 6:00 PM

See Calendar for Feast Days and Other Weekday Services Scheduled

## **Order for Holy Communion**

Members of the Orthodox Church age seven and above must prepare for Holy Communion with a recent confession, prayer, fasting from all food and drink from midnight (unless a medical condition preclude it), being in church *before* the Epistle and Gospel readings, and being at peace with everyone.

**CHILDREN** going to church school and their teachers should come down the center aisle first. (Small children may need to be assisted by their parents.)

ALL OTHERS should wait until an usher dismisses your row from the center aisle. Then return to your place by a side aisle for the prayers of thanksgiving and the final blessing and dismissal. Please let choir members pass when they come down for Communion. After Saturday Vespers During Sunday Matins Or by Appointment



Please turn cell phones off!

## A Warm Welcome to Our Guests

We are glad you are worshipping with us. Please note that participation in **Holy Communion is limited to members of the Orthodox Church** in good standing, who have prepared with prayer, fasting and a recent confession.

For all others: though we cannot share Communion with you—since it is an expression of membership and full unity in faith—you are welcome to come forward after the dismissal, receive a blessing and partake of the blessed bread (from the large bowls). Please also sign our guest book and introduce yourself to Fr. Nabil or Fr. Andrew during coffee hour. You may inquire with them how you can become a member.

#### Troparion of the Resurrection (Tone )

While the stone was sealed by the Jews....

#### Troparion for St. Mary of Egypt (Tone 8)

Through thee the divine likeness was securely preserved, O Mother Mary, for thou didst carry the cross and followed Christ. By example and precept, thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels. بِكِ حُفِظَتْ صورَةُ حَلْقِنا بِدِقَةٍ أَيَّتُها الأُمُّ مَرْيَم، فإنَّكِ حَمَلْتِ الصَّليبَ وتَبِعْتِ المسيحَ، وعَمِلْتِ وعَلَّمْتِ أَنْ يُتَغاضى عَنِ الجَسَدِ لأَنَّهُ زائلٌ، وأَنْ يُعْنى بالنَّفْسِ غيرِ المائِتَة. لِذلِكَ تَبَتَهِجُ روحُكِ مَعَ الملائِكة.

#### Troparion of St. Nicholas (Tone 4)

The verity of your actions revealed you to your flock, a rule of faith, an icon of mildness, and teacher of abstinence, O Father Bishop Nicholas; wherefore by humility you have achieved exaltation and by poverty richness. Intercede with Christ our God to save our souls. لَقَدْ أَظْهَرَتْكَ أَفْعالُ الحقِّ لِرَعِيَّتِكَ قانوناً للإيمانِ، وصورَةً لِلْوَداعةِ، ومُعَلِّماً لِلإمْساكِ، أَيُّها الأبُ ورَئيسُ الكَهَنَةِ نيقولاوس. فَلِذلِكَ أَحْرَرْتَ بالتَّواضُعِ الرِّفْعَة، وبالمِسكَنَةِ الغِنى. فَتَشَفَّعْ إلى المِسيح الإلهِ أَنْ يُحَلِّصَ نفوسَنا.

#### Kontakion of the Theotokos (Tone 2)

O undisputed Intercessor of Christians, the Mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners; come to us with aid in time, who cry unto Thee in faith, for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

يا شَفيعَة المسيحيينَ غَيْرَ الحازِيَة، الوَسيطَة لَدَى الخالِقِ غَيْرَ المُرْدُودة، لا تُعْرِضِي عَنْ أَصْواتِ طَلِبَاتِنا نحْنُ الخَطَأَة، بَلْ تَدارَكينا بالمعونَة بِما أَنَّكِ صالحِة، نحْنُ الصارِخِينَ إليْكِ بإيمانٍ: بادِرِي إلَى الشَفاعَةِ وأَسْرِعِي في الطِلْبَةِ، يا والِدَةَ الإلَه، المَتَشَفِّعَةَ دائِمًا بِمُكَرِّمِيكِ.

إِنَّ الحجَرَ لَما خُتِمَ مِنَ الْيَهود....

#### THE SCRIPTURE LESSONS

Prokeimenon (Psalm 75.11, 1 LXX; Tone 8)	بروكيمنون (اللحن ٨؛ مزمور ٢٥,١١ سبع.)
Make your vows to the Lord our God, and perform them.	صَلُّوا وأَوْفُوا الرَّبَّ إلْهُنَا نُذُورَكُم.
<i>Verse:</i> God is known in Judah. His Name is great in Israel.	اللهُ مَعْرُوفٌ فِي أَرْضِ يَهوذا. إسْمُهُ عَظِيمٌ في إسْرائيل.
	فَصْلٌ مِنْ رسالةِ القديسِ بولس الرسول إلى العِبْرانِيين
St. Paul's Letter to the Hebrews (9.11-14; 5 <sup>th</sup> Sunday of Lent)	(٩,١١) ؛ خامس أحد من الصوم)
BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation), He entered once for all into the Holy Place, taking not the blood of goats and calves but His own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, Who through the eternal Spirit offered Himself without	يا إحْوَةُ، إنَّ المسيحَ إذْ قَدْ جاءَ رئيسَ كَهَنَةٍ لِلْحَيْرَاتِ المسْتَقْبَلَةِ، فَبِمَسْكِنٍ أَعْظَمَ وأَحْمَلَ غيرِ مَصْنوعٍ بِأَيْدٍ، أيْ ليْسَ مِنْ هذهِ الخليقة. وليْسَ بِدَم تُيُوسٍ وَعُجُولٍ، بَلْ بِدَم نَفْسِهِ دَحَلَ الأقداسَ مَرَّةً واحِدَةً فَوَجَدَ فِداءً أَبَدِيَّاً. لأَنَهُ إِنْ كانَ دَمُ ثيرانٍ وتُيُوسٍ ورَمَادُ عِجْلَةٍ يُرَشُّ على الْمُنَجَّسِينَ فَيُقَدِّسُهُمْ لِتَطْهِيرِ الجَسَدِ فَكَمْ بِالأَحْرَى دَمُ المسيح، الذي بالروح الأزَلِيَ قَرَّبَ نفْسَهُ للهِ بِلا عيْبٍ، يُطَهِّرُ ضَمَاتِرَمُمْ مِنَ الأَعْمالِ الْمَيِّيَةِ لِتَعْبُدُوا اللهَ الْخَيِّ.

blemish to God, purify your conscience from dead works to serve the living God.

#### Holy Gospel according to St. Mark (10.32-45; 5<sup>th</sup> Sunday of Lent)

AT THAT TIME, Jesus took his twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem; and the Son of Man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit upon Him, and kill Him, and after three days He will rise again."

مِنْ بِشارَةِ القِدّيسِ مَرْقُسَ الإنْجيلِيّ البَشيرِ والتلْميذِ الطاهِر
(٣٢, ١٠ - ٢٥؛ خامس أحد من الصوم)
بي ذلكَ الزمانِ، أخذَ يسوعُ تلاميذَهُ الإثْنَي عَشَرَ وابْتَدَأَ يَقُولُ
لَمُمْ ما سِيَعْرِضُ لَهُ. "هُوَذا نَحْنُ صاعِدونَ إلى أورَشَليمَ، وابْنُ
لبَشَرِ سَيُسْلَمُ إلى رؤساءِ الكَهَنَةِ والكَتَبَةِ، فَيَحْكُمونَ عَلَيْهِ
بِالْوْتِ وِيُسْلِمُونَهُ إلى الأُمم. فَيَهْزَأُونَ بِهِ، ويَبْصُقُونَ عَلَيْهِ،

ويَجْلِدونَهُ، ويَقْتُلونَهُ، وفي اليَوْمِ الثالِثِ يَقومُ."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of you." And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what vou are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among vou must be servant of all. For the Son of Man also came not to be served but to serve, and to give his life as a ransom for many."

فَدَنا إليهِ يَعْقوبُ ويوحَنَّا ابْنا زبَدَى قائِلَيْن: "يا مُعلِّمُ، نُرِيدُ أَنْ تَصْنَعَ لَنا مَهْمَا طَلَبْنا." فقالَ لَهُما: "ماذا تُريدانِ أَنْ أَصْنَعَ لَكُما؟" قالا لَهُ: "أَعْطِنا أَنْ يَجْلِسَ أَحَدُنا عَنْ يَمِينكَ والآخَرُ عَنْ يَسارِكَ في مَجدِكَ." فَقَالَ لَهُما يَسوعُ: "إِنَّكُما لا تَعْلَمانِ ما تَطْلُبان. أَتَسْتَطِيعان أَنْ تَشْرَبا الكَأْسَ التي أَشْرَبُها أنا، وأَنْ تَصْطَبغا بالصِبْغَةِ التي أَصْطَبغُ بِما أنا؟" فَقالا لَهُ: "نَسْتَطيع". فَقالَ لَهُما يَسوعُ: "أَمَّا الكَأْسُ التي أَشْرَبُها فَتَشْرَباغِا، وبالصبْغَة التي أَصْطَبِغُ بِما فَتَصْطَبِغانِ. وأَمّا جُلوسُكُما عَنْ يَمِينِي وَعَنْ يَسارِي فَلَيْسَ لِي أَنْ أُعْطِيَهُ إِلَّا لِلذِينَ أُعِدَّ لَهُمْ." فَلَمَّا سَمِعَ الْعَشَرَةُ، ابْتَدَأُوا يَغْضَبُونَ على يَعْقوبَ ويوحنَّا. فَدَعاهُمْ يَسوعُ، وقالَ لَهُمْ: "قَدْ عَلِمْتُمْ أَنَّ الذينَ يُحْسَبونَ رُؤساءَ الأُمَم يَسودونَمُمْ، وعُظَماءَهُمْ يَتَسَلَّطونَ عَلَيْهِمْ. وأَمَّا أَنْتُمْ فَلا يَكُونُ فِيكُمْ هَكَذا. ولَكِنْ مَنْ أَرادَ أَنْ يَكُونَ فِيكُمْ كَبِيراً، فَلْيَكُنْ لَكُمْ خادِماً. ومَنْ أرادَ أَنْ يَكُونَ فيكُمْ أَوَّلَ، فَلْيَكُنْ لِلْجَمِيع عَبْداً. فإنَّ ابْنَ البَشَرِ لَمُ يَأْتِ لِيُحْدَمَ بَلْ لِبَخْدِمَ، ولِيَنْذُلَ نَفْسَهُ فِداءً عَنْ كَثيرِينَ".

#### HOLY OBLATIONS AND PRAYER REQUESTS

- By Alice and Jim Mikesell, Shirley Cameron, Connie and Michael Burrell, their children and grandchildren, for the repose of mother/grandmother of Melveen Fadoul (one-year memorial).
- By Costandi Sawabini, Rania Fakhoury and family and Ramzi Sawabini and family, for the repose of wife/mother Nadia Sawabini (two-year memorial).
- By John L. and Suzi Sadd, for the health of Dale and Robin Nicola and in memory of their son Gregory John Nicola.
- By George, Mariam, Mark, Antonio and Hend Bshara.

• By Ehab, Rania, Sami, Selena and Anthony Dahabreh, in memory of Rania's father, Hani Tadros, and of Ehab's mother, Nawal Hawatmeh Dahabreh.

*To offer Holy Oblations and Memorials please use the form at* <u>https://stnicholasla.com/makeaprayerrequest</u> or call the Cathedral office by Wednesday.

## WE SERVE THE LITURGY OF ST. BASIL TODAY

From the point in the service where Father invites us, "Let us give thanks unto the Lord," turn to the middle of page 134 in the brown hardback books to continue participating in the Prayer of the Anaphora.

## **MEGALYNARION OF ST. BASIL'S LITURGY (TONE 8)**

All creation rejoiceth in thee, O thou who art full of grace: the angelic hosts and the race of men. O hallowed Temple and spiritual Paradise, Glory of virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body more spacious than the heavens. All creation rejoiceth in thee, O thou who art full of grace. Glory to thee.

إِنَّ البَرَايا بِأَسرِها، تَفْرَحُ بِكِ يا مُمَتَلِئَةً نِعمَةً: مَحَافِلَ الملائِكَةِ، وَأَجناسَ البَشَر. أَيَّتُها الهَيكَالُ المتقَدِّس، والفِردَوسُ النّاطِقُ، فَحْرُ البَتولِيَّةِ مَرِيمَ، التي مِنها تَجَسَّدَ الإلَهُ، وصارَ طِفلًا، وَهوَ إِلَهُنَا الذي قَبلَ الدُّهور. لِأَنَّهُ صَنَعَ مُستَودَعَكِ عَرشًا، وَجَعَلَ بَطنَكِ أَرحَبَ مِنَ السَّماوات. لِذَلِكَ يا مُمَتَلِقَةً نِعمَةً، تَفْرَحُ بِكِ كُلُّ البَرَايا وَتُمَحِّدُك.

# ANNOUNCEMENTS

## PLEASE JOIN US FOR FELLOWSHIP AFTER LITURGY

Following the dismissal and announcements, come forward for a blessing, then exit via the south (right side) doors, and join us in the Heritage Ballroom for refreshments.

• Today, the Shousha, Qafaiti and Nima families are hosting a delicious falafel lunch. Any donations you care to offer will go to support our charity ministries.

Please consider sponsoring a Coffee Hour after Liturgy. Bring whatever you would like to share—donuts, cookies, mini bagels,

zaatar, etc. What we eat isn't as important as sharing the fellowship of our Cathedral Family. The Ladies Society will provide the coffee and paper goods. Call/text Joujou George (562) 522-1322, or email her at ginageorge@verizon.net by Wednesday to reserve a Sunday.





#### TODAY'S STUDY TOPIC: LESSON II.3 GIDEON AND THE MIDIANITES • JOTHAM AND ABIMELECH

All church school classes from first grade on up will *continue* studying today Judges chapters 6-9 (pp. 192-99 in *The Golden Children's Bible*).

## FOOD FOR HUNGRY PEOPLE

As we fast, we always need to remember the poor, so **please take a Food for Hungry People offering box from the narthex**, and make it a practice to put something into it as you sit down for every meal.

Bring back your <u>filled</u> boxes on Palm Sunday. If you didn't use a box, you may also make donations, earmarking them "FFHP."



## LENTEN SERVICES: Last Week of Lent

**Monday** — On Monday, we will serve the *final* **Great Compline** at 6:30 p.m.

**Wednesday** — Join us at **6:30 p.m. for the Presanctified Liturgy**. Fast from all food and drink from *at least* noon in preparation for Holy Communion. Bring one Lenten item to share for a potluck after Liturgy, so we can break bread. A short spiritual discussion will follow on the **Holy Fire that comes from the Tomb of Christ**.

Friday — Little Compline with the Canon to St. Lazarus at 6:30 p.m.

## LIKE THE PRODIGAL SON, WE RETURN TO OUR FATHER IN HUMILITY

Everyone should make a confession at least once during Lent.

A priest is always available for confessions after Saturday Vespers and during Matins on Sundays, or you can make an appointment.

Just wait in a pew near the St. Raphael Shrine, and a priest will come out and meet you by the shrine.



# HOLY WEEK & PASCHA 2023

## St. Nicholas Cathedral • Los Angeles

سبت لعازر • LAZARUS SATURDAY • APRIL 8

Matins 9:30 AM • Divine Liturgy, 10:30 AM

Great Vespers, 6 PM • Confessions Follow

Jesus' raising Lazarus from the dead shows He can raise all mankind. Please also join us for lunch after Liturgy, and help us prepare for the Feast by preparing and decorating the Lord's house.

#### احد الشعانين • PALM SUNDAY • APRIL 9

#### Matins, 7:45 AM • Divine Liturgy, 9:00 AM ~AND~ 11:00 AM

We celebrate the triumphant entry of our Lord into Jerusalem, to face his voluntary death. "We like the children carry the palms of victory," in procession. Adults and children may also bring decorated candles. To accommodate the large number of worshippers, we will have **two liturgies Palm Sunday** morning. Join us at either 9 am or 11 am. Both Liturgies will be celebrated in a mix of languages. There will be a procession, coffee hour and pre-holiday bake sale after each liturgy.

## PALM SUNDAY EVENING • APRIL 9 • مساء الشعانين

#### Bridegroom Matins, 6:30 PM • Confessions Follow

The Procession with the icon of Christ, the Bridegroom of the Church, takes place, and we remember the righteousness of Joseph who, like Christ, suffered unjustly with patience and was exalted.



## الاثنين العظيم • GREAT MONDAY • APRIL 10

#### Presanctified Liturgy, 10 AM • Bridegroom Matins, 6:30 PM • Confessions Follow

We remember the example of the ten virgins waiting for the Bridegroom.

## الثلاثاء العظيم • GREAT TUESDAY • APRIL 11 • الثلاثاء

#### Presanctified Liturgy, 10 AM • Bridegroom Matins, 6:30 PM • Confessions Follow

We remember the woman who anointed the head and feet of our Lord, wiping them with her hair, in contrast with Judas and his betrayal of Christ. The Hymn of Kassiane expresses these contrasts with profound poetry and majesty.

## GREAT WEDNESDAY • APRIL 12 • الاربعاء العظيم

#### Presanctified Liturgy, 10 AM • Sacrament of Holy Unction, 6:30 PM

We are anointed for healing of soul and body as Christ was anointed in anticipation of his burial.

#### GREAT THURSDAY MORNING • APRIL 13 • صباح الخميس العظيم

#### Matins, 9 AM • Liturgy of St. Basil, 10 AM

On this day, when Jesus first said to his disciples, "Take, eat; this is my Body," Orthodox Christians make it a point to participate in Holy Communion. *Following the Liturgy, we will perform the rite of the Footwashing with the Church School. A Communion breakfast follows.* 

#### GREAT THURSDAY EVENING • APRIL 13 • مساء الخميس العظيم

#### Matins with the Twelve Passion Gospels, 6:30 PM

We walk with our Lord through the Passion. A procession with the Cross commemorates Christ's voluntary Crucifixion.

#### الجمعة العظيمة • GREAT FRIDAY • APRIL 14

#### Royal Hours, 10 AM • Un-nailing Vespers, 3 PM

We try to spend this day in Church, heeding our Lord's words to "watch and pray." At Vespers, Christ is taken down from the Cross and placed in the decorated tomb. Dinner will be served after Vespers.

#### مساء الجمعة العظيمة • GREAT FRIDAY EVENING • APRIL 14

#### Matins of Christ's Funeral, 6:30 PM

We join Joseph of Arimathea, Nicodemus and the Myrrh-bearing Women to sing in Praise of the buried Christ, and we process with the Bier and passing under it as if joining Christ in the tomb.

#### GREAT SATURDAY MORNING • APRIL 15 • صباح سبت النور

#### Liturgy of St. Basil, 10 AM

As we keep vigil, the Victory of Christ over death and his Resurrection 'explode' with throwing of the leaves of victory. *Please bring your children to this service.* 



## THE RESURRECTION • SATURDAY, APRIL 15 • القيامة RUSH/MATINS/LITURGY, 11 PM

We receive the new Light and the Good News that "Christ is Risen." We will bless red eggs, and you may also bring Easter Baskets to be blessed. An Agape Breakfast will follow.

## الباعوث • AGAPE VESPERS • SUNDAY, APRIL 16

#### Love Vespers, 1 PM

The Good News (Gospel) of the Resurrection will be proclaimed in as many languages as possible. A sign-up list will be posted during Holy Week for you to read any language you know (we might have the text available, if you don't).





# PLEASE JOIN US FOR.... A BREAKFAST OF LOVE

AS WE CELEBRATE THE RISEN CHRIST

Saturday Night, April 15, 2023

**Immediately Following Paschal Liturgy** 

\$8.00 per Person

ALL PROCEEDS BENEFIT THE ARCHDIOCESE FOOD FOR HUNGRY PROGRAM

**Donations Accepted** 

Please Contact Ed Malouf 310-923-4347

"Let no one go away hungry!"

If you can't afford it, just see Fr. Nabil, Fr. Andrew or Fr. Paul privately, and we'll get you complimentary tickets. We just want our whole Cathedral family together for this Love Feast.

## UPCOMING ACTIVITIES BY THE LADIES OF ST. NICHOLAS

#### Lenten Bake Sale: Spinach Pies, Zaatar and Veggie Bread

The St. Nicholas Antiochian Women are supporting the Archdiocese Women's Project of raising funds for the Earthquake Relief Fund for Syria and Turkey. All proceeds from this Bake Sale will go toward the Project. We will be selling these Lenten goodies after Divine Liturgy every Sunday during Lent.

Spinach pies are \$17.00 per dozen; and zaatar and/or veggie bread is \$15.00 for 6. Please contact Chairwoman Jacqui Badaro with your orders. Be sure to **order by Wednesday of the week before you want to pick up your pies!** Jacqui's number is (626) 476-9070 and her email address is <u>jmbadaro@hotmail.com</u>.



**April 9**—**The Palm Sunday Bake Sale** will be held on Palm Sunday, April 9, inside the Heritage Ballroom, after *both* Palm Sunday Liturgies. Orders may also be picked up on the Saturday before, after the Lazarus Saturday Liturgy. The form for preordering all the baked goods is *enclosed with this bulletin* (and is available on the St. Nicholas website, stnicholasla.org). **Contact Jacqui (626-476-9070 or jmbadaro@hotmail.com)** to **place your order ASAP**, *because all this good stuff goes fast*!



The St. Nicholas Ladies need help with baking and donations. Let us all help to make this a successful and delicious event as we celebrate the special feast day. The Palm Sunday Bake Sale has always been one of the Cathedral's great traditions. To contribute with either your delicious homemade sweets or needed funds, and to help at the Bake Sale, please contact Jacqui Badaro (626-476-9070 or jmbadaro@hotmail.com) or Rose Samore (818-378-2055 or rosesamore@gmail.com).

If you would like to volunteer at this year's "Palm Sunday Bake Sale" event, please go to <u>tinyurl.com/PalmSundayBakeSale</u> and enter your name in the slot of your choice. (This is a live link that will update automatically after you make your entry.)

#### Women's Scholarship Program—The

Antiochian Women's North America Board is offering \$500 educational grants to the women of our parishes to help with the cost of any educational or training program that will help improve the lives of themselves and their families. Please find scholarship applications in the narthex of the Cathedral, or contact Rose Samore at <u>rosesamore@gmail.com</u> for more information and an application. Deadline for applications is June 1.

**April 29**—**Sweetheart Ball** Tickets are now on sale for the Sweetheart Ball, taking place at the Universal Hilton Hotel on April 29. Tickets are \$200 for adults and \$175 for children if purchased by March 31. After March 31, the prices go up to \$230 for adults and \$200 for children. **Absolute deadline for purchasing tickets is April 17.** You may purchase tickets online at **stnicholasla.org**, or contact Lauren Malouf at <u>lmalouf@hchc.edu</u> to pay by check.





# ANNOUNCING SUMMETZ CAMP 2023

""LET US MAKE MAN IN OUTZIMAGE, ACCOTZDING TO OUTZLIKENESS." (GENESIS 1:26)

WEEK 1: JULY 9 - 15 WEEK 2: JULY 16 - JULY 22 WEEK 3: JULY 23 - JULY 29

 TUITION:
 \$600 (\$100 DEPOSIT DUE AT TIME OF REGISTIZATION)

 BUSES:
 \$50 EACH WAY - IF DESIZED (FIZOM ST LUKE AND ST NICHOLAS)

SEE HTTPS://WWW.CAMPSTNICHOLAS.COM/SITE/HOME/ FOTZ REGISTIZATION LINKS

Registration is open, and there's still room in each session. Register online at <u>www.campstnicholas.com/site/home</u>

*St. Nicholas will pay <u>half</u> the cost for all campers who are members of the Cathedral. If you need additional financial assistance, please submit the form available to you when you register, or ask Fr. Nabil privately. Please just pay the \$100 deposit to secure your spot at camp.* 

If you find difficulty registering online, contact Fr. Andrew (<u>frandrewa@stnicholasla.org</u>), and he can help you. In some cases, he will need to override the system, as it may not understand the "age and grade" limits when determining if a camper is eligible for a session.



Brotherhood of St Dionysios the Accopagite

#### Do you fast?

Then feed the hungry, give drink to the thirsty, visit the sick, do not forget the imprisoned, have pity on the tortured, comfort those who grieve and who weep, be merciful, humble, kind, calm, patient, sympathetic, forgiving, reverent, truthful and pious, so that God might accept your fasting and might plentifully grant you the fruits of repentance.

St. John Chrysostom



### NEW HEARING ASSISTANCE SYSTEM INSTALLED

Thanks to the generosity of a donor, we have added a hearing assistance system to the sound system that was installed in the Cathedral two years ago.

To use it,

- 1. you need to pick a receiver from the charger station at the candle stand
- 2. <u>and either</u> an earpiece <u>or</u> a loop that feeds into a hearing aid wirelessly.



# If you have a compatible hearing aid

Pick up a loop, wear it around your neck, and plug both ends into the receiver.

You can just wear it like a necklace.



Pick up an earpiece, and plug it into either port on the receiver.

You can then put the receiver in a pocket.

## Adjust the volume





Whether you are using the hearing aid loop or the earpiece, you can adjust the volume using the UP/DOWN buttons on the front of the receiver.

#### **Return the equipment**

At the end of a service, please leave the receiver in the charging base, and put the loop or earpiece back on the candle stand counter in the narthex. *We will sanitize the equipment between services.* 

If you like it, you may want to buy your own device, which you can keep and bring with you. We will get prices this week. Let us know if you might be interested in our ordering one for you.

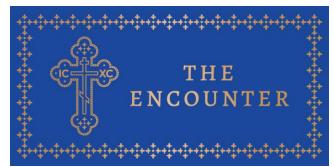




#### Hey there!

One of my favorite Sunday's of the calendar year takes place today—the Sunday of St. Mary of Egypt.

On this Sunday, I am reminded that



no amount of sin can truly keep a repentant person from God. And also, that it's never too late to repent, no matter how late in life or how extreme the sin. God, through Christ Himself, calls all of us sinners to repentance, so that He might save us from our sins (Luke 5:32).

Get your heart into the spirit of this Sunday by looking through the prayers of repentance found inside <u>The Encounter app</u>.

May we all follow the example of St. Mary of Egypt by taking up our cross, turning away from the flesh which passes away, and following Christ.

To Him be all glory and honor,

Michelle Moujaes, Founder, Faithtree Resources



## Do you fast?

Then feed the hungry, give drink to the thirsty, visit the sick, do not forget the imprisoned, have pity on the tortured, comfort those who grieve and who weep, be merciful, humble, kind, calm, patient, sympathetic, forgiving, reverent, truthful and pious, so that God might accept your fasting and might plentifully grant you the fruits of repentance.

Brotherhood of St Dionysios the Accopagite

St. John Chrysostom



## DIOCESE OF LOS ANGELES & THE WEST PARISH LIFE CONFERENCE HOSTED BY: ST. LUKE CHURCH (GARDEN GROVE, CA) JUNE 28 - JULY 2, 2023 ~ IRVINE MARRIOTT

## Go to antiochianevents.com/la for all the details.

For all information and to register for our Diocese of Los Angeles Conference

- Worship
- Workshops and Lectures
- Fellowship

- "A Night on Broadway"
- Bible Bowl
- Creative Festivals

**<u>50th ANNIVERSARY OF AW</u>**: Our Antiochian Women's Ministry was founded by Metropolitan PHILIP - of thrice blessed memory - in 1973. **Happy Golden Anniversary to us!!** At our AW Brunch Meeting at our Diocese PLC, we will be celebrating this auspicious occasion & we want as many of you as possible to be with us. Our Brunch Meeting is set for Friday, June 30 - following Divine Liturgy. For complete information on the PLC - including event registration visit, go to <u>https://antiochianevents.com/la</u>

## 56th Biennial Antiochian Archdiocese Convention



July 23-30, 2023 St. George • Phoenix, AZ www.ac2023az.org



www.ac2023az.org for all the details.

Reserve your room today! And don't forget to get your tickets for events including:

A special presentation of *"Man of God"* with writer/director Yelena Popovic Keynote Addresses by Author and Podcaster Fr. Evan Armatas Grand Hafli with Superstar Hadi Aswad And a Special Performance by the Antiochian Archdiocese's own Anees!

## **CATHEDRAL PRAYER LIST**

Please include in your daily prayers the following—those struggling with acute illness and those newly departed this life from our parishioners and those for whom they have requested our prayers. (Names are kept for 40 days, the date indicated after the name, and may be renewed upon request.)

#### LIVING

Ouberto Badaro, home, 4/22 Anis Madanat, brother of Dr. George Madanat, 5/10 Ellie, Kh. Laurie Olson's mother, 4/4 All those suffering from illness, violence and want in this country and throughout the world

#### DEPARTED

Gregory Nicola, 4/25 Samira Ayoub, 4/24 Samya Nasan, 4/6 Ernest Simon, former member of the Cathedral, 4/9 Ernesto Perez, former member of the Cathedral, 4/6 Geoffrey Wolfendon, brother-in-law of Amaany Samaan, 4/4 Victims of of violence in this country and everywhere

See the detailed schedule for Holy Week, inside this bulletin.

## ST. NICHOLAS CATHEDRAL CALENDAR

#### April 2023

• • • • • • • • • • • • • • • • • • •	
Sun. 2	<ul> <li>Spanish Mission Liturgy, 7:45 am</li> <li>Fellowship and Bible Study in Spanish</li> <li>Matins, 9:15 am</li> <li>Divine Liturgy, 10:30 am</li> <li>Church School</li> <li>Coffee hour</li> </ul>
Mon. 3	Great Compline, 6:30 pm
Tue. 4	Choir dinner and practice, 6:30 pm
Wed. 5	Ladies baking pastries, 9 am Presanctified Liturgy, 6:30 pm • Potluck Dinner • Meditation/Discussion • Byzantine Music class
Thu. 6	Ladies baking pastries, 9 am
Fri. 7	Funeral of Samira Ayoub, 11 am Little Compline with the Canon to St. Lazarus, 6:30 pm
Sat. 8	<i>Lazarus Saturday</i> Matins, 9:30 am Divine Liturgy, 10:30 am • Lunch • Polishing and Decorating Great Vespers and Confession, 6 pm
Sun. 9	Palm Sunday Matins, 7:45 am Divine Liturgy, 9 am • Procession • Bake Sale Divine Liturgy, 11 am • Procession • Bake Sale Bridegroom Matins, 6:30 pm

SEE THE FULL CALENDAR and latest additions and updates at stnicholasla.org/parishcalendar